

# Master Menu

Provided to you by:



An efficient, time saving method of tracking meals served in your child care home.



The Master Menu is a time-saving coding system designed for ACD Providers to reduce time writing menus.

The Master Menus are for children who are **one (1) year old or older**. The nutritional needs of infants are far too demanding for pre-planned templates. Therefore, only record Master Menu on the Regular Menu form.

The benefits of the Master Menu system include:

- **Less writing** required on menu records;
- **Less meal planning time** since meals/snacks are already planned for you. Simply choose the ones you want to serve and record the corresponding reference codes on the menu form;
- **Flexibility.** The Master Menu system offers choices. You make the decisions. You can use leftovers, buy in bulk, and serve foods the children enjoy eating.
- **Ability to plan;** meals/snacks minutes, hours, days, weeks, or months in advance to fit your schedule;
- **Variety.** Food items featured on the Master Menu system allows you to use variety in cooking preparation and recipe choices; and
- **Allows you to use money-saving strategies.** Since you can plan in advance what you will be serving, you can watch for bargains and sales, and clip discount coupons. You can also incorporate leftovers. If chicken is left from one meal, you can choose meals from the list for the next day that also contain chicken.

## Tips to Remember

- **Substitutions:** If you are missing a component for any particular Master Menu meal, you must bubble in all the individual meal components for that meal. Substitutions unfortunately cannot be claimed on Master Menu.
- **Portions / Serving Sizes:** Please consider the serving size of menu items when planning meals by referring to the "CACFP Meal Pattern Chart for Infants and Children" for proper serving/portion sizes according to age group (i.e., tomato soup, peanut butter, macaroni and cheese, fish sticks, chicken nuggets, pot pies, etc.).

## Tips to Remember (continued)

- ISBE Crediting Food Guide is an additional resource for portion sizes and CACFP creditable foods.
- **Homemade or Child Nutrition (CN) Label:** When serving an item such as pizza, or ravioli it must be homemade with quantities which meet CACFP meal pattern requirements (i.e., add extra meat or cheese), or if commercially purchased, use Child Nutrition (CN) labels to ensure these products meet the CACFP meal pattern requirements. Please refer to the Meal Charts for Infants and Children provided by the Illinois State Board of Education (ISBE). The USDA regulates the Child Nutrition (CN) Labeling Program to ensure food manufacturers properly label food items that are creditable on the CACFP. Products purchased with a CN label states the food product's contribution toward the CACFP meal pattern requirements and are creditable on the CACFP.
- **Bread / Bread Alternates:** When serving any bread / bread alternates (i.e., pasta, buns, cookies etc.), please make sure each item is made from whole-grain or enriched meal or flour. Please refer to the Meal Charts for Infants and Children provided by the Illinois State Board of Education (ISBE).
- Less than  $\frac{1}{8}$  cup of any fruit/vegetable is considered a garnish and is not creditable toward a fruit/vegetable requirement.
- Fruit or vegetable dishes that contain more than one fruit or vegetable (e.g., fruit cocktail) may be credited toward only one of the two required components at lunch/dinner.
- Only juice that is 100% juice is creditable. Apple cider is creditable if it is undiluted, unsweetened, or and pasteurized.
- **Combination Dishes:** Dishes that contain foods from more than one food group are combination dishes. It is recommended that combination dishes be credited for only one or two meal pattern components, thus additional food components are required. For example, when serving homemade beef stew, which may include beef, potatoes, carrots, and peas; you must serve additional components such as pears, buns, and milk, thereby meeting the CACFP meal pattern requirements (e.g., one serving of meat/meat alternate, one serving of bread/bread alternate, two servings of a fruit/vegetable, and a serving of milk).
- **Processed Meats:** Processed meat and poultry products may be served on the CACFP. Only the meat in these products can be credited. Since many processed meats contain large amounts of binders and extenders, the composition of these processed meats must be known in order to properly credit the meat/meat alternate portion.
- **Dessert Items:** It is recommended that no more than two dessert-type items be served as a snack each week (i.e., bread pudding, brownies, cake, cookies, cupcakes, etc.).
- **CACFP Milk Requirements:** Fluid milk served to CACFP participants two years of age or older must be: fat-free or low-fat milk, fat-free or low-fat lactose reduced milk, fat-free or low-fat lactose free milk, fat-free or low-fat buttermilk, or fat-free or low-fat acidified milk. Milk served must be pasteurized fluid milk that meets Illinois and local standards, and may be flavored or unflavored. Whole milk and reduced-fat (2%) milk can only be served to participants under the age of two.



CACFP participants two years of age or older cannot be served whole milk or reduced-fat (2%) milk.

- **Non-Dairy Beverage Requirements:** In the case of children who cannot consume fluid milk due to medical or special dietary needs, other than a disability, non-dairy beverages which are nutritionally equivalent to milk and must meet all nutrition standards for fortification of calcium, protein, vitamin A, vitamin D, and other nutrients to levels found in cow's milk may be served in lieu of fluid milk.
- **CACFP Drinking Water Provisions:** Clean drinking water must be available to all CACFP participants. Throughout the day, including all meal times, clean drinking water must be made available to all CACFP participants upon their request. Drinking water does not have to be self-serve, but must be available during hours of operation. While drinking water must be available to children during meal times, it is not part of the reimbursable meal and may not be served in lieu of fluid milk.

NOTE: The Master Menus are available to Providers in good standing and who have not previously been denied use of ACD's time-saving menu recording options.

# INSTRUCTIONS:



1. When you serve a Master Menu, mark the Master Menu or "M" bubble for that meal.
2. Next, record the specific Master Menu you are using. Look at the Master Menu Chart and choose the corresponding Master Menu number for that meal.
3. Mark this number in the lowest "Fruit or Vegetable" section for that meal.
4. **That's it!** You will still mark meal attendance as normal – indicating which children received that Master Menu – but you don't need to mark the specific foods, because we know which foods were served as part of that Master Menu.
5. Please keep your menu in an accessible area for unannounced home reviews conducted by ACD, the Illinois State Board of Education, and/or the United States Department of Agriculture.

*As with all types of menus, Master Menu must always be available for review in your child care home.*

		GROUP															
		2 <sup>nd</sup> Serving															
DAY		2	0	1	2	3	4	5	6	7	8	9	3				
		FOOD SERVED										ATTENDANCE					
BREAKFAST	BREAD OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	●	●	3	4		
		2	0	1	2	3	4	5	6	7	8	5	●	7	8		
	JUICE OR FRUIT OR VEGETABLE	1	0	1	●	3	4	5	6	7	8	9	10	●	●		
		2	0	1	2	●	4	5	6	7	8	13	14	15	16		
	MILK	1 2 3 4 5 6 7 8 9										17	18	19	20		
AM SNACK												21	22	23	24		
												25	26	27	28		
	MASTER MENU	●										29	30	31	32		
	MEAT OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	●	●	3	4		
		2	0	1	2	3	4	5	6	7	8	5	●	7	8		
MIDNIGHT	BREAD OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	9	10	●	●		
		2	0	1	2	3	4	5	6	7	8	13	14	15	16		
	JUICE OR FRUIT OR VEGETABLE	1	0	1	2	3	4	5	6	7	8	9	10	17	18		
		2	0	1	2	3	4	5	6	7	8	19	20	21	22		
	MILK	1 2 3 4 5 6 7 8 9										23	24	25	26		
LUNCH												27	28	29	30		
												31	32				
	MASTER MENU	●															
	MEAT OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	●	●	3	4		
		2	0	1	2	3	4	5	6	7	8	5	●	7	8		
DINNER	BREAD OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	9	10	●	●		
		2	0	1	2	3	4	5	6	7	8	13	14	15	16		
	FRUIT OR VEGETABLE	1	0	1	2	3	4	5	6	7	8	17	18	19	20		
		2	0	1	2	3	4	5	6	7	8	21	22	23	24		
	FRUIT OR VEGETABLE	1	0	1	2	3	●	5	6	7	8	25	26	27	28		
MILK/MASTER MENU												29	30	31	32		
		●	1	2	3	4	5	6	7	8	9						

## EXAMPLES BELOW:

On this day (the 22<sup>nd</sup> of the month), you served Breakfast, AM Snack, and Lunch to children #1, 2, 6, 11, 12.

For Breakfast, you served Master Menu #23

For AM Snack, you served Master Menu #106

For Lunch, you serve Master Menu #43

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**Association for Child Development  
BREAKFAST - MASTER MENU\$**

HM/CN = Homemade or Child Nutrition Label

<b>CODE</b>	<b>MEAL</b>	<b>CODE</b>	<b>MEAL</b>	<b>CODE</b>	<b>MEAL</b>	<b>CODE</b>	<b>MEAL</b>
<b>BAGELS</b>		<b>55</b>	Bagel Nectarines Milk	<b>232</b>	Biscuit Blueberries Milk	<b>245</b>	Biscuit Pears Milk
<b>43</b>	Bagel Apples Milk	<b>56</b>	Bagel Oranges Milk	<b>233</b>	Biscuit Cherries Milk	<b>246</b>	Biscuit Pineapple Milk
<b>44</b>	Bagel Apricots Milk	<b>57</b>	Bagel Papaya Milk	<b>235</b>	Biscuit Grapefruit Milk	<b>247</b>	Biscuit Plums Milk
<b>45</b>	Bagel Bananas Milk	<b>58</b>	Bagel Peaches Milk	<b>236</b>	Biscuit Grapes Milk	<b>248</b>	Biscuit Hash Browns Milk
<b>46</b>	Bagel Blueberries Milk	<b>60</b>	Bagel Pineapple Milk	<b>237</b>	Biscuit Juice, (100%) Milk	<b>CINNAMON ROLL</b>	
<b>47</b>	Bagel Cherries Milk	<b>61</b>	Bagel Plums Milk	<b>238</b>	Biscuit Kiwi Milk	<b>250</b>	Cinnamon Roll Apples Milk
<b>50</b>	Bagel Grapes Milk	<b>62</b>	Bagel Hash Browns Milk	<b>240</b>	Biscuit Honeydew Melon Milk	<b>251</b>	Cinnamon Roll Apricots Milk
<b>51</b>	Bagel Juice, (100%) Milk	<b>63</b>	Bagel Strawberries Milk	<b>241</b>	Biscuit Nectarines Milk	<b>252</b>	Cinnamon Roll Bananas Milk
<b>52</b>	Bagel Kiwi Milk	<b>BISCUIT</b>		<b>242</b>	Biscuit Oranges Milk	<b>253</b>	Cinnamon Roll Blueberries Milk
<b>53</b>	Bagel Mangoes Milk	<b>230</b>	Biscuit Apricots Milk	<b>243</b>	Biscuit Papaya Milk	<b>254</b>	Cinnamon Roll Cherries Milk
<b>54</b>	Bagel Honeydew Melon Milk	<b>231</b>	Biscuit Bananas Milk	<b>244</b>	Biscuit Peaches Milk	<b>256</b>	Cinnamon Roll Grapefruit Milk

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<b>257</b>	Cinnamon Roll Guava Milk	<b>270</b>	Cinnamon Roll Strawberries Milk	<b>74</b>	Cold Cereal Mangoes Milk	<b>167</b>	French Toast Apricots Milk
<b>258</b>	Cinnamon Roll Juice, (100%) Milk	<b>COLD CEREAL</b>		<b>76</b>	Cold Cereal Nectarines Milk	<b>168</b>	French Toast Bananas Milk
<b>260</b>	Cinnamon Roll Mangoes Milk	<b>64</b>	Cold Cereal Apples Milk	<b>77</b>	Cold Cereal Oranges Milk	<b>170</b>	French Toast Cherries Milk
<b>261</b>	Cinnamon Roll Honeydew Melon Milk	<b>65</b>	Cold Cereal Apricots Milk	<b>78</b>	Cold Cereal Papaya Milk	<b>172</b>	French Toast Grapefruit Milk
<b>262</b>	Cinnamon Roll Nectarines Milk	<b>66</b>	Cold Cereal Bananas Milk	<b>80</b>	Cold Cereal Pears Milk	<b>173</b>	French Toast Honeydew Melon Milk
<b>263</b>	Cinnamon Roll Oranges Milk	<b>67</b>	Cold Cereal Blueberries Milk	<b>81</b>	Cold Cereal Pineapple Milk	<b>174</b>	French Toast Juice, (100%) Milk
<b>264</b>	Cinnamon Roll Papaya Milk	<b>68</b>	Cold Cereal Cherries Milk	<b>82</b>	Cold Cereal Pomegranate Milk	<b>175</b>	French Toast Kiwi Milk
<b>265</b>	Cinnamon Roll Peaches Milk	<b>70</b>	Cold Cereal Grapefruit Milk	<b>83</b>	Cold Cereal Baked Potato Milk	<b>176</b>	French Toast Mangoes Milk
<b>266</b>	Cinnamon Roll Pears Milk	<b>71</b>	Cold Cereal Grapes Milk	<b>84</b>	Cold Cereal Strawberries Milk	<b>177</b>	French Toast Honeydew Melon Milk
<b>267</b>	Cinnamon Roll Pineapple Milk	<b>72</b>	Cold Cereal Juice, (100%) Milk	<b>FRENCH TOAST</b>		<b>178</b>	French Toast Nectarines Milk
<b>268</b>	Cinnamon Roll Plums Milk	<b>73</b>	Cold Cereal Kiwi Milk	<b>166</b>	French Toast Apples Milk	<b>180</b>	French Toast Papaya Milk

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<b>181</b>	French Toast Peaches Milk	<b>214</b>	Fruit Muffin / Bread Grapefruit Milk	<b>226</b>	Fruit Muffin / Bread Plums Milk	<b>205</b>	Granola Bars Plums Milk
<b>182</b>	French Toast Pears Milk	<b>215</b>	Fruit Muffin / Bread Grapes Milk	<b>227</b>	Fruit Muffin / Bread Hash Browns Milk	<b>206</b>	Granola Bars Hash Browns Milk
<b>183</b>	French Toast Pineapple Milk	<b>216</b>	Fruit Muffin / Bread Juice, (100%) Milk	<b>228</b>	Fruit Muffin / Bread Tangerines Milk	<b>207</b>	Granola Bars Strawberries Milk
<b>184</b>	French Toast Plums Milk	<b>217</b>	Fruit Muffin / Bread Kiwi Milk	<b>GRANOLA BARS</b>		<b>GRITS</b>	
<b>185</b>	French Toast Hash Browns Milk	<b>218</b>	Fruit Muffin / Bread Mangoes Milk	<b>187</b>	Granola Bars Apples Milk	<b>145</b>	Grits Apples Milk
<b>186</b>	French Toast Strawberries Milk	<b>220</b>	Fruit Muffin / Bread Nectarines Milk	<b>188</b>	Granola Bars Apricots Milk	<b>146</b>	Grits Applesauce Milk
<b>FRUIT/MUFFIN BREAD</b>		<b>221</b>	Fruit Muffin / Bread Oranges Milk	<b>200</b>	Granola Bars Oranges Milk	<b>147</b>	Grits Bananas Milk
<b>208</b>	Fruit Muffin / Bread Apples Milk	<b>222</b>	Fruit Muffin / Bread Papaya Milk	<b>201</b>	Granola Bars Papaya Milk	<b>148</b>	Grits Blueberries Milk
<b>210</b>	Fruit Muffin / Bread Bananas Milk	<b>223</b>	Fruit Muffin / Bread Peaches Milk	<b>202</b>	Granola Bars Pears Milk	<b>151</b>	Grits Grapefruit Milk
<b>211</b>	Fruit Muffin / Bread Blueberries Milk	<b>224</b>	Fruit Muffin / Bread Pears Milk	<b>203</b>	Granola Bars Juice, (100%) Milk	<b>152</b>	Grits Grapes Milk
<b>212</b>	Fruit Muffin / Bread Cherries Milk	<b>225</b>	Fruit Muffin / Bread Pineapple Milk	<b>204</b>	Granola Bars Pineapple Milk	<b>153</b>	Grits Juice, (100%) Milk

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<b>154</b>	Grits Kiwi Milk	<b>HOT CEREAL</b>		<b>140</b>	Hot Cereal Peaches Milk	<b>08</b>	Oatmeal Grapes Milk
<b>155</b>	Grits Mangoes Milk	<b>127</b>	Hot Cereal Apples Milk	<b>141</b>	Hot Cereal Pears Milk	<b>10</b>	Oatmeal Kiwi Milk
<b>156</b>	Grits Honeydew Melon Milk	<b>128</b>	Hot Cereal Apricots Milk	<b>142</b>	Hot Cereal Pineapple Milk	<b>11</b>	Oatmeal Mangoes Milk
<b>157</b>	Grits Nectarines Milk	<b>130</b>	Hot Cereal Blueberries Milk	<b>143</b>	Hot Cereal Plums Milk	<b>12</b>	Oatmeal Cantaloupe Milk
<b>158</b>	Grits Oranges Milk	<b>131</b>	Hot Cereal Cherries Milk	<b>144</b>	Hot Cereal Hash Browns Milk	<b>13</b>	Oatmeal Nectarines Milk
<b>160</b>	Grits Peaches Milk	<b>133</b>	Hot Cereal Grapefruit Milk	<b>01</b>	Oatmeal Apples Milk	<b>14</b>	Oatmeal Oranges Milk
<b>161</b>	Grits Pears Milk	<b>134</b>	Hot Cereal Grapes Milk	<b>02</b>	Oatmeal Apricots Milk	<b>15</b>	Oatmeal Papaya Milk
<b>162</b>	Grits Pineapple Milk	<b>135</b>	Hot Cereal Juice, (100%) Milk	<b>03</b>	Oatmeal Bananas Milk	<b>16</b>	Oatmeal Peaches Milk
<b>163</b>	Grits Plums Milk	<b>136</b>	Hot Cereal Kiwi Milk	<b>04</b>	Oatmeal Blueberries Milk	<b>17</b>	Oatmeal Pears Milk
<b>164</b>	Grits Hash Browns Milk	<b>137</b>	Hot Cereal Honeydew Melon Milk	<b>05</b>	Oatmeal Cherries Milk	<b>18</b>	Oatmeal Pineapple Milk
<b>165</b>	Grits Strawberries Milk	<b>138</b>	Hot Cereal Nectarines Milk	<b>07</b>	Oatmeal Grapefruit Milk	<b>20</b>	Oatmeal Tater Tots Milk



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<b>21</b>	Oatmeal Strawberries Milk	<b>105</b>	Muffin Strawberries Milk	<b>33</b>	Pancakes / Waffles Watermelon Milk	<b>107</b>	Toast Apricots Milk
<b>MUFFIN</b>		<b>PANCAKES / WAFFLES</b>		<b>34</b>	Pancakes / Waffles Nectarines Milk	<b>108</b>	Toast Bananas Milk
<b>85</b>	Muffin Apples Milk	<b>22</b>	Pancakes / Waffles Apples Milk	<b>35</b>	Pancakes / Waffles Oranges Milk	<b>110</b>	Toast Cherries Milk
<b>86</b>	Muffin Apricots Milk	<b>23</b>	Pancakes / Waffles Apricots Milk	<b>36</b>	Pancakes / Waffles Papaya Milk	<b>112</b>	Toast Grapefruit Milk
<b>87</b>	Muffin Bananas Milk	<b>24</b>	Pancakes / Waffles Bananas Milk	<b>37</b>	Pancakes / Waffles Peaches Milk	<b>113</b>	Toast Grapes Milk
<b>88</b>	Muffin Blueberries Milk	<b>25</b>	Pancakes / Waffles Blueberries Milk	<b>38</b>	Pancakes / Waffles Pears Milk	<b>114</b>	Toast Juice, (100%) Milk
<b>100</b>	Muffin Peaches Milk	<b>26</b>	Pancakes / Waffles Cherries Milk	<b>40</b>	Pancakes / Waffles Plums Milk	<b>115</b>	Toast Kiwi Milk
<b>101</b>	Muffin Pears Milk	<b>28</b>	Pancakes / Waffles Grapefruit Milk	<b>41</b>	Pancakes / Waffles Tater Tots Milk	<b>116</b>	Toast Mangoes Milk
<b>102</b>	Muffin Pineapple Milk	<b>30</b>	Pancakes / Waffles Juice, (100%) Milk	<b>42</b>	Pancakes / Waffles Strawberries Milk	<b>117</b>	Toast Honeydew Melon Milk
<b>103</b>	Muffin Plums Milk	<b>31</b>	Pancakes / Waffles Kiwi Milk	<b>TOAST</b>		<b>118</b>	Toast Nectarines Milk
<b>104</b>	Muffin Baked Potato Milk	<b>32</b>	Pancakes / Waffles Mangoes Milk	<b>106</b>	Toast Apples Milk	<b>120</b>	Toast Papaya Milk

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<b>121</b>	Toast Peaches Milk	<b>275</b>	Toaster Pastries Unfrosted Cherries Milk	<b>288</b>	Toaster Pastries Unfrosted Pineapple Milk		
<b>122</b>	Toast Pears Milk	<b>277</b>	Toaster Pastries Unfrosted Grapefruit Milk				
<b>123</b>	Toast Pineapple Milk	<b>278</b>	Toaster Pastries Unfrosted Grapes Milk				
<b>124</b>	Toast Plums Milk	<b>280</b>	Toaster Pastries Unfrosted Kiwi Milk				
<b>125</b>	Toast Baked Potato Milk	<b>281</b>	Toaster Pastries Unfrosted Mangoes Milk				
<b>126</b>	Toast Strawberries Milk	<b>282</b>	Toaster Pastries Unfrosted Honeydew Melon Milk				
<b>TOASTER PASTRIES</b>		<b>283</b>	Toaster Pastries Unfrosted Nectarines Milk				
<b>271</b>	Toaster Pastries Unfrosted Apples Milk	<b>284</b>	Toaster Pastries Unfrosted Oranges Milk				
<b>272</b>	Toaster Pastries Unfrosted Apricots Milk	<b>285</b>	Toaster Pastries Unfrosted Papaya Milk				
<b>273</b>	Toaster Pastries Unfrosted Bananas Milk	<b>286</b>	Toaster Pastries Unfrosted Peaches Milk				
<b>274</b>	Toaster Pastries Unfrosted Blueberries Milk	<b>287</b>	Toaster Pastries Unfrosted Pears Milk				

**Association for Child Development**  
**LUNCH / DINNER - MASTER MENU\$**

HM/CN = Homemade or Child Nutrition Label

<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>
<b>AMERICAN CHEESE</b>		<b>165</b>	Baked Beans Roll Corn Sweet Potato / Yams Milk	<b>28</b>	Beef Ground Other Pasta HM/CN Tomato Sauce Asparagus Milk	<b>183</b>	Beef Ground Bread Tater Tots Grapes Milk
<b>107</b>	American Cheese Bread Tomato Soup Apples Milk	<b>168</b>	Bean / Split Pea Soup Crackers Peaches Broccoli Milk	<b>228</b>	Beef Ground Bread French Fries Bananas Milk	<b>50</b>	Beef Ground Bun Tater Tots Grapes Milk
<b>108</b>	American Cheese Hi Ho / Ritz Crackers Watermelon Pineapple Milk	<b>220</b>	Bean / Split Pea Soup Crackers Grapes Carrots Milk	<b>181</b>	Beef Ground Bun French Fries Bananas Milk	<b>47</b>	Beef Ground Other Pasta HM/CN Honeydew Melon Green Beans Milk
<b>233</b>	American Cheese Bread Corn Pears Milk	<b>BEEF</b>		<b>182</b>	Beef Ground Bun Broccoli Fruit Cocktail Milk	<b>157</b>	Beef Ground Roll Corn Mashed Potatoes Milk
<b>BEANS</b>		<b>184</b>	Beef Ground Other Pasta HM/CN Green Beans Apples Milk	<b>222</b>	Beef Ground Bread Carrots Fruit Cocktail Milk	<b>213</b>	Beef Ground Other Pasta HM/CN Baked Beans Peaches Milk
<b>51</b>	Baked Beans Soft Tortilla Tomatoes Pineapple Milk	<b>25</b>	Beef Ground Macaroni Noodles HM/CN Green Beans Applesauce Milk	<b>05</b>	Beef Ground Pizza Crust HM/CN Lettuce Fruit Cocktail Milk	<b>43</b>	Beef Ground Crackers Lettuce Peaches Milk
<b>166</b>	Baked Beans Roll Corn Strawberries Milk	<b>221</b>	Beef Ground White Rice Green Peas Applesauce Milk	<b>54</b>	Beef Ground Pizza Crust HM/CN Mixed Vegetables Grapes Milk	<b>42</b>	Beef Ground Biscuit Tomatoes Pineapple Milk

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<b>12</b>	Beef Lunchmeat / Processed Bread Kiwi Carrots Milk	<b>131</b>	Beef Ribs Roll Grapes Squash Milk	<b>68</b>	Beef Roast Bread Tater Tots Honeydew Melon Milk	<b>140</b>	Beef Steak Bread Sticks Baked Potato Mixed Vegetables Milk
<b>70</b>	Beef Lunchmeat / Processed Bread Honeydew Melon Cucumbers Milk	<b>126</b>	Beef Ribs Cornbread or Corn Muffin Mixed Vegetables Sweet Potato / Yams Milk	<b>150</b>	Beef Roast White Rice Broccoli Peaches Milk	<b>56</b>	Beef Steak Roll Green Beans Oranges Milk
<b>128</b>	Beef Ribs White Rice Green Beans Applesauce Milk	<b>156</b>	Beef Roast Bread Pears Baked Beans Milk	<b>155</b>	Beef Roast Toast Applesauce Squash Milk	<b>137</b>	Beef Steak Biscuit Tater Tots Oranges Milk
<b>132</b>	Beef Ribs Toast Bananas Carrots Milk	<b>152</b>	Beef Roast Bread Corn Baked Potato Milk	<b>133</b>	Beef Steak Bread Broccoli Applesauce Milk	<b>46</b>	Beef Steak Chow Mein Noodles Green Peas Peaches Milk
<b>130</b>	Beef Ribs Bread French Fries Banana Milk	<b>153</b>	Beef Roast Biscuit Lettuce Bananas Milk	<b>134</b>	Beef Steak Roll Mashed Potatoes Corn Milk	<b>BLACKEYED PEAS</b>	
<b>125</b>	Beef Ribs Other Pasta HM/CN Corn Kiwi Milk	<b>151</b>	Beef Roast Other Pasta HM/CN Grapes Corn Milk	<b>135</b>	Beef Steak Other Pasta HM/CN Carrots Kiwi Milk	<b>167</b>	Blackeyed Peas White Rice Spinach Oranges Milk
<b>127</b>	Beef Ribs Bread Baked Beans Potato Salad Milk	<b>55</b>	Beef Roast Roll Mashed Potatoes Corn Milk	<b>136</b>	Beef Steak White Rice Peppers, Red / Green / Yellow Lettuce Milk		

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**LUNCH / DINNER - MASTER MENUS**

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<b>BOLOGNA</b>		<b>111</b>	Cheddar Cheese Tortilla Chips Salsa Kiwi Milk	<b>115</b>	Cheese Pita Bread Mixed Vegetables Broccoli Milk	<b>66</b>	Cheese Bread Fruit Cocktail Lettuce Milk
<b>230</b>	Bologna Bread Green Beans Applesauce Milk	<b>110</b>	Cheddar Cheese Crackers Strawberries Tater Tots Milk	<b>22</b>	Cheese Macaroni Noodles HM/CN Grapes Corn Milk	<b>207</b>	Cheese Macaroni Noodles HM/CN Green Beans Peaches Milk
<b>67</b>	Bologna Bread Bananas Cucumbers Milk	<b>45</b>	Cheddar Cheese Soft Tortilla Oranges Tomatoes Milk	<b>206</b>	Cheese Cornbread or Corn Muffin Mixed Vegetables Fruit Salad Milk	<b>CHICKEN</b>	
<b>200</b>	Bologna Pita Bread Peaches Green Beans Milk	<b>03</b>	Cheese (French Bread Pizza) Bread Tomato Sauce Apples Milk	<b>116</b>	Cheese Bread Sticks Oranges Green Beans Milk	<b>40</b>	Chicken Bun Bananas Apples Milk
<b>201</b>	Bologna Soft Tortilla Cauliflower Oranges Milk	<b>07</b>	Cheese Pizza Crust HM/CN Carrots Applesauce Milk	<b>114</b>	Cheese Bagel Apples Green Peas Milk	<b>71</b>	Chicken Bread Green Beans Fruit Cocktail Milk
<b>CHEESE</b>		<b>113</b>	Cheese (French Bread Pizza) English Muffin Tomato Sauce Bananas Milk	<b>08</b>	Cheese Biscuit Pineapple Green Peas Milk	<b>205</b>	Chicken Macaroni Noodles HM/CN Green Beans Fruit Cocktail Milk
<b>112</b>	Cheddar Cheese Soft Tortilla Refried Beans Fruit Cocktail Milk	<b>232</b>	Cheese Bread Tomato Soup Bananas Milk	<b>21</b>	Cheese Macaroni Noodles HM/CN Cucumbers Honeydew Melon Milk	<b>175</b>	Chicken Roll Tomatoes Grapes Milk

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<b>173</b>	Chicken Pot Pie / Quiche Crust HM/CN Applesauce Green Beans Milk	<b>33</b>	Chicken Roll Tater Tots Peaches Milk	<b>32</b>	Chicken Nuggets Bread Green Beans Grapes Milk	<b>105</b>	Corn Dog Breeding CN/HM Carrots Fruit Cocktail Milk
<b>38</b>	Chicken White Rice Broccoli Honeydew Melon Milk	<b>35</b>	Chicken Croissant Tomatoes Spinach Milk	<b>223</b>	Chicken Nuggets Bread Tater Tots Oranges Milk	<b>104</b>	Corn Dog Breeding CN/HM Pineapple Green Peas Milk
<b>172</b>	Chicken Pot Pie / Quiche Crust HM/CN Mixed Vegetables Kiwi Milk	<b>37</b>	Chicken Breeding HM/CN Cauliflower Squash Milk	<b>31</b>	Chicken Nuggets Breeding HM/CN French Fries Pineapple Milk	<b>224</b>	Corn Dog Breeding CN/HM Carrots Oranges Milk
<b>218</b>	Chicken Wild Rice Broccoli Oranges Milk	<b>34</b>	Chicken Bread Green Peas Strawberries Milk	<b>CHILI BEANS</b>		<b>COTTAGE CHEESE</b>	
<b>36</b>	Chicken Biscuit Carrots Oranges Milk	<b>203</b>	Chicken Cornbread or Corn Muffin Mixed Vegetables Sweet Potato / Yams Milk	<b>211</b>	Chili Beans Crackers Tomato / Vegetable Juice Pears Milk	<b>185</b>	Cottage Cheese XTRA Toast Applesauce Broccoli Milk
<b>174</b>	Chicken Pot Pie / Quiche Crust HM/CN Mixed Vegetables Oranges Milk	<b>CHICKEN NUGGETS</b>		<b>CORN DOGS</b>		<b>188</b>	Cottage Cheese XTRA Muffin Strawberries Cucumbers Milk
<b>204</b>	Chicken Brown Rice Green Peas Peaches Milk	<b>235</b>	Chicken Nuggets Bread French Fries Corn Milk	<b>106</b>	Corn Dog White Rice Apples Corn Milk	<b>186</b>	Cottage Cheese XTRA Pancakes / Waffles Peaches Green Peas Milk

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<b>238</b>	Cottage Cheese XTRA Ravioli Green Beans Peaches Milk	<b>57</b>	Egg Pot Pie / Quiche Crust HM/CN Mixed Vegetables Strawberries Milk	<b>76</b>	Fish Fillets Bread French Fries Grapes Milk	<b>208</b>	Ham Macaroni Noodles HM/CN Green Peas Fruit Cocktail Milk
<b>187</b>	Cottage Cheese XTRA Crackers Carrots Pears Milk	<b>62</b>	Egg English Muffin Honeydew Melon Tomato Sauce Milk	<b>77</b>	Fish Fillets Roll Green Peas Peaches Milk	<b>225</b>	Ham Cornbread or Corn Muffin Mixed Vegetables Oranges Milk
<b>237</b>	Cottage Cheese XTRA Crackers Tomato Soup Pineapple Milk	<b>FISH FILLETS</b>		<b>75</b>	Fish Fillets Biscuit Green Beans Pears Milk	<b>231</b>	Ham Other Pasta HM/CN Mixed Vegetables Peaches Milk
<b>EGGS</b>		<b>78</b>	Fish Fillets Toast Lettuce Applesauce Milk	<b>74</b>	Fish Sticks Bread Sticks Corn Oranges Milk	<b>217</b>	Ham Bread Mashed Potatoes Plums Milk
<b>58</b>	Egg Pancakes / Waffles Hash Browns Applesauce Milk	<b>73</b>	Fish Fillets Muffin Tater Tots Baked Beans Milk	<b>HAM</b>		<b>HOT DOGS / FRANKS</b>	
<b>60</b>	Egg Soft Tortillas Oranges Green Beans Milk	<b>80</b>	Fish Fillets White Rice Broccoli Bananas Milk	<b>63</b>	Ham Bread Carrots Apples Milk	<b>101</b>	Hotdogs/Franks Flour Tortillas Bananas Carrots Milk
<b>61</b>	Egg Toast Fruit Cocktail Mixed Vegetables Milk	<b>214</b>	Fish Fillets Other Pasta HM/CN Cole Slaw Carrots Milk	<b>04</b>	Ham Pizza Crust HM/CN Tomato Sauce Carrots Milk	<b>48</b>	Hotdogs/Franks Bun Pears Corn Milk

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<b>215</b>	Hotdogs/Franks Bread French Fries Grapes Milk	<b>MEAT SAUCE</b>		<b>11</b>	Peanut Butter Bread Green Peas Grapes Milk	<b>02</b>	Pepperoni Pizza Crust HM/CN Lettuce Strawberries Milk
<b>102</b>	Hotdogs/Franks Bread Potato Salad Honeydew Melon Milk	<b>24</b>	Meat Sauce HM/CN Other Pasta HM/CN Tomato Sauce Lettuce Milk	<b>20</b>	Peanut Butter Soft Tortillas Bananas Green Beans Milk	<b>01</b>	Pepperoni English Muffin Pears Tomato Sauce Milk
<b>216</b>	Hotdogs/Franks Other Pasta HM/CN Applesauce Oranges Milk	<b>PEANUT BUTTER</b>		<b>14</b>	Peanut Butter Crackers Peaches Green Beans Milk	<b>PORK</b>	
<b>103</b>	Hotdogs/Franks Crackers Tomato Soup Peaches Milk	<b>15</b>	Peanut Butter Pancakes / Waffles Applesauce Bananas Milk	<b>18</b>	Peanut Butter Bread Tomato Soup Honeydew Melon Milk	<b>81</b>	Pork White Rice Baked Beans Applesauce Milk
<b>100</b>	Hotdogs/Franks Roll Lettuce Tater Tots Milk	<b>16</b>	Peanut Butter Pancakes / Waffles Tater Tots Blueberries Milk	<b>13</b>	Peanut Butter Bread Bananas Pears Milk	<b>88</b>	Pork Cornbread or Corn Muffin Mixed Vegetables Bananas Milk
<b>LENTILS</b>		<b>234</b>	Peanut Butter Bread Carrots Celery Milk	<b>PEPPERONI</b>		<b>85</b>	Pork Roll Green Beans Carrots Milk
<b>171</b>	Lentils Pita Bread Bananas Green Peas Milk	<b>17</b>	Peanut Butter English Muffin Strawberries Celery Milk	<b>06</b>	Pepperoni Pizza Crust HM/CN Tomato Sauce Green Beans Milk	<b>83</b>	Pork Breeding CN/HM Corn Fruit Cocktail Milk



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<b>84</b>	Pork Bread Tater Tots Grapes Milk	<b>170</b>	Refried Beans Tortilla Chips Salsa Pineapple Milk	<b>176</b>	Sausage - Beef Bread Tater Tots Corn Milk	<b>180</b>	Sausage - Pork Grits Oranges Green Peas Milk
<b>210</b>	Pork Cornbread or Corn Muffin Mashed Potatoes Green Beans Milk	<b>RICOTTA CHEESE</b>		<b>226</b>	Sausage - Beef Pancakes / Waffles Tater Tots Corn Milk	<b>177</b>	Sausage - Pork Biscuit Hash Browns Oranges Milk
<b>86</b>	Pork Other Pasta HM/CN Peaches Lettuce Milk	<b>27</b>	Ricotta Cheese XTRA Lasagna Noodles Tomato Sauce Blueberries Milk	<b>202</b>	Sausage - Beef Pancakes / Waffles Green Beans Fruit Cocktail Milk	<b>STEW MEAT</b>	
<b>82</b>	Pork White Rice Mixed Vegetables Peaches Milk	<b>23</b>	Ricotta Cheese XTRA Ravioli Green Beans Grapes Milk	<b>10</b>	Sausage - Beef Pizza Crust HM/CN Tomato Sauce Peaches Milk	<b>44</b>	Stew Meat - Beef Crackers Lettuce Peaches Milk
<b>87</b>	Pork Soft Tortilla Refried Beans Pears Milk	<b>ROUND STEAK</b>		<b>30</b>	Sausage - Beef Other Pasta HM/CN Cabbage Peppers, Red / Green / Yellow Milk	<b>TUNA</b>	
<b>REFRIED BEANS</b>		<b>138</b>	Round Steak Toast Tomatoes Peaches Milk	<b>72</b>	Sausage - Beef Bun Mashed Potatoes Pineapple Milk	<b>236</b>	Tuna Crackers French Fries Mixed Fruit Milk
<b>227</b>	Refried Beans Soft Tortilla Mixed Vegetables Apples Milk	<b>SAUSAGE</b>		<b>178</b>	Sausage - Pork Pancakes / Waffles Bananas Fruit Cocktail Milk	<b>64</b>	Tuna Bread Green Peas Peaches Milk

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<b>26</b>	Tuna Other Pasta HM/CN Green Peas Peaches Milk	<b>141</b>	Turkey White Rice Green Beans Peaches Milk	<b>160</b>	Turkey Ground Bun Carrots Peaches Milk	<b>122</b>	Yogurt Pancakes / Waffles Hash Browns Blueberries Milk
<b>TURKEY</b>		<b>144</b>	Turkey Bun Mushrooms Tater Tots Milk	<b>142</b>	Turkey Ground Other Pasta HM/CN Tomato Sauce Pears Milk	<b>118</b>	Yogurt Bread Grapes Broccoli Milk
<b>143</b>	Turkey Roll Spinach Bananas Milk	<b>162</b>	Turkey Ground White Rice Kiwi Baked Beans Milk	<b>65</b>	Turkey Ground Bread Green Peas Strawberries Milk	<b>117</b>	Yogurt Muffin Bananas Carrots Milk
<b>148</b>	Turkey Crackers Apples Carrots Milk	<b>53</b>	Turkey Ground Bread Cabbage Bananas Milk	<b>52</b>	Turkey Ground White Rice Peppers, Red / Green / Yellow Strawberries Milk	<b>121</b>	Yogurt Bagel Cauliflower Fruit Cocktail Milk
<b>146</b>	Turkey Bread Grapes Carrots Milk	<b>41</b>	Turkey Ground Taco Shell Mixed Vegetables Blueberries Milk	<b>164</b>	Turkey Ground Bread Lettuce Tater Tots Milk	<b>212</b>	Yogurt Pancakes / Waffles Strawberries Peaches Milk
<b>145</b>	Turkey Biscuit Green Peas Fruit Cocktail Milk	<b>163</b>	Turkey Ground Toast Grapes Cucumbers Milk	<b>161</b>	Turkey Ground Other Pasta HM/CN Broccoli Tomato Sauce Milk	<b>124</b>	Yogurt Bread Sticks Kiwi Pineapple Milk
<b>147</b>	Turkey Stuffing Mash Potatoes Green Beans Milk	<b>158</b>	Turkey Ground Bread Baked Potato Green Beans Milk	<b>YOGURT</b>		<b>123</b>	Yogurt Biscuit Peaches Squash Milk

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<b>120</b>	Yogurt Crackers Strawberries Zucchini Milk						

**Association for Child Development**

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<b>BEEF</b>		<b>145</b>	Cheese Bagel	<b>30</b>	Cheese Apple	<b>227</b>	Chicken Other Pasta HM/CN
<b>240</b>	Beef Barbecue Roll	<b>157</b>	Cheese Biscuit	<b>232</b>	Cheese Fruit Cocktail	<b>211</b>	Chicken Pizza Crust HM/CN
<b>40</b>	Beef Ground Apple	<b>181</b>	Cheese Bread Sticks	<b>285</b>	Cheese Juice, (100%)	<b>246</b>	Chicken Pretzel
<b>47</b>	Beef Liver Bread	<b>152</b>	Cheese Corn Tortillas	<b>250</b>	Cheese Mixed Vegetables	<b>88</b>	Chicken Soft Tortilla
<b>260</b>	Beef Lunchmeat / Processed Bread	<b>01</b>	Cheese Crackers	<b>64</b>	Cheese Strawberries	<b>280</b>	Chicken Toast
<b>04</b>	Beef Lunchmeat / Processed Pears	<b>176</b>	Cheese Hi Ho / Ritz Crackers	<b>140</b>	Cheese Milk	<b>257</b>	Chicken White Rice
<b>223</b>	Beef Ribs Other Pasta HM/CN	<b>114</b>	Cheese Muffin	<b>CHICKEN</b>		<b>CORN DOGS</b>	
<b>283</b>	Beef Tips Biscuit	<b>226</b>	Cheese Other Pasta HM/CN	<b>146</b>	Chicken Bagel	<b>188</b>	Corn Dog Milk
<b>251</b>	Beef Tips Pretzel	<b>210</b>	Cheese Pizza Crust HM/CN	<b>158</b>	Chicken Biscuit	<b>COTTAGE CHEESE</b>	
<b>263</b>	Beef Tips White Rice	<b>245</b>	Cheese Pretzel	<b>170</b>	Chicken Bread	<b>147</b>	Cottage Cheese XTRA Bagel
<b>CHEESE</b>		<b>268</b>	Cheese Rice Cakes	<b>182</b>	Chicken Bread Sticks	<b>171</b>	Cottage Cheese XTRA Bread
<b>164</b>	Cheddar Cheese Chip, Corn/Wheat	<b>86</b>	Cheese Tortilla Chips	<b>204</b>	Chicken Crackers	<b>183</b>	Cottage Cheese XTRA Bread Sticks
<b>202</b>	Cheese Animal Crackers	<b>256</b>	Cheese White Rice	<b>220</b>	Chicken Wild Rice	<b>200</b>	Cottage Cheese XTRA Cookies

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<b>21</b>	Cottage Cheese XTRA Crackers	<b>233</b>	Cottage Cheese XTRA Mixed Vegetables	<b>243</b>	Egg Pancakes / Waffles	<b>231</b>	Hotdogs/Franks Other Pasta HM/CN
<b>221</b>	Cottage Cheese XTRA Granola Bars	<b>72</b>	Cottage Cheese XTRA Strawberries	<b>213</b>	Egg Pizza Crust HM/CN	<b>284</b>	Hotdogs/Franks Toast
<b>115</b>	Cottage Cheese XTRA Muffin	<b>EGGS</b>		<b>248</b>	Egg Pretzel	<b>261</b>	Hotdogs/Franks White Rice
<b>237</b>	Cottage Cheese XTRA Oatmeal	<b>148</b>	Egg Bagel	<b>271</b>	Egg Rice Cakes	<b>LAMB</b>	
<b>228</b>	Cottage Cheese XTRA Other Pasta HM/CN	<b>160</b>	Egg Biscuit	<b>282</b>	Egg Toast	<b>207</b>	Lamb Couscous
<b>242</b>	Cottage Cheese XTRA Pancakes / Waffles	<b>172</b>	Egg Bread	<b>105</b>	Egg Juice, (100%)	<b>PEANUT BUTTER</b>	
<b>212</b>	Cottage Cheese XTRA Pineapple	<b>184</b>	Egg Hash Browns	<b>HOT DOGS / FRANKS</b>		<b>153</b>	Peanut Butter Bagel
<b>247</b>	Cottage Cheese XTRA Pears	<b>201</b>	Egg Cookies	<b>150</b>	Hotdogs/Franks Bagel	<b>165</b>	Peanut Butter Biscuit
<b>258</b>	Cottage Cheese XTRA Rice Cakes	<b>05</b>	Egg Crackers	<b>162</b>	Hotdogs/Franks Biscuit	<b>177</b>	Peanut Butter Bread
<b>270</b>	Cottage Cheese XTRA Peaches	<b>222</b>	Egg Granola Bars	<b>174</b>	Hotdogs/Franks Bread	<b>203</b>	Peanut Butter Cookies
<b>281</b>	Cottage Cheese XTRA Toast	<b>133</b>	Egg Muffin	<b>186</b>	Hotdogs/Franks Bread Sticks	<b>02</b>	Peanut Butter Crackers
<b>38</b>	Cottage Cheese XTRA Apples	<b>238</b>	Egg Oatmeal	<b>206</b>	Hotdogs/Franks Crackers		

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<b>132</b>	Peanut Butter Muffin	<b>154</b>	Refried Beans Bagel	<b>TUNA</b>		<b>235</b>	Turkey Other Pasta HM/CN
<b>241</b>	Peanut Butter Oatmeal	<b>166</b>	Refried Beans Biscuit			<b>216</b>	Turkey Pizza Crust HM/CN
<b>244</b>	Peanut Butter Pancakes / Waffles	<b>178</b>	Refried Beans Bread	<b>155</b>	Tuna Bagel	<b>255</b>	Turkey Pretzel
<b>252</b>	Peanut Butter Pretzel	<b>208</b>	Refried Beans Crackers	<b>167</b>	Tuna Biscuit	<b>277</b>	Turkey Rice Cakes
<b>274</b>	Peanut Butter Rice Cakes	<b>253</b>	Refried Beans Pretzel	<b>234</b>	Tuna Other Pasta HM/CN	<b>84</b>	Turkey Soft Tortilla
<b>82</b>	Peanut Butter Soft Tortilla	<b>275</b>	Refried Beans Rice Cakes	<b>254</b>	Tuna Pretzel	<b>266</b>	Turkey White Rice
<b>287</b>	Peanut Butter Toast	<b>85</b>	Refried Beans Soft Tortilla	<b>276</b>	Tuna Rice Cakes	<b>VIENNA SAUSAGE</b>	
<b>23</b>	Peanut Butter Apples	<b>288</b>	Refried Beans Toast	<b>83</b>	Tuna Soft Tortilla	<b>205</b>	Vienna Sausage Crackers
<b>10</b>	Peanut Butter Bananas	<b>264</b>	Refried Beans White Rice	<b>265</b>	Tuna White Rice	<b>273</b>	Vienna Sausage Rice Cakes
<b>62</b>	Peanut Butter Celery	<b>ROUND STEAK</b>		<b>TURKEY</b>		<b>YOGURT</b>	
<b>PORK CHOPS</b>		<b>286</b>	Round Steak Toast	<b>156</b>	Turkey Bagel	<b>61</b>	Yogurt Bagel
<b>217</b>	Pork Chops / Cutlet Bread	<b>SAUSAGE - BEEF</b>		<b>168</b>	Turkey Saltine Crackers	<b>52</b>	Yogurt Bread
<b>REFRIED BEANS</b>		<b>144</b>	Sausage - Beef Bread	<b>180</b>	Turkey Bread	<b>41</b>	Yogurt Cereal Snack Mix
				<b>224</b>	Turkey Brown Rice		

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<b>60</b>	Yogurt Cookies	<b>55</b>	Yogurt Apricots	<b>33</b>	Biscuit Apples	<b>CEREAL</b>	
<b>11</b>	Yogurt Crackers	<b>42</b>	Yogurt Bananas	<b>107</b>	Biscuit Juice, (100%)		
<b>218</b>	Yogurt Donut	<b>45</b>	Yogurt Carrots	<b>63</b>	Biscuit Strawberries		
<b>225</b>	Yogurt Granola Bars	<b>50</b>	Yogurt Honeydew Melon	<b>173</b>	Biscuit Milk		
<b>53</b>	Yogurt Muffin	<b>43</b>	Yogurt Juice, (100%)	<b>BREAD</b>		<b>37</b>	Cereal Snack Mix Apples
<b>54</b>	Yogurt Oatmeal	<b>46</b>	Yogurt Peaches	<b>185</b>	Bread Fruit Cocktail	<b>167</b>	Cereal Snack Mix Juice, (100%)
<b>236</b>	Yogurt Other Pasta HM/CN	<b>44</b>	Yogurt Strawberries	<b>134</b>	Bread Milk	<b>71</b>	Cereal Snack Mix Strawberries
<b>56</b>	Yogurt Pancakes / Waffles	<b>51</b>	Yogurt Milk	<b>28</b>	Bread Sticks Apples	<b>175</b>	Cold Cereal Milk
<b>48</b>	Yogurt Pretzel	<b>BAGEL</b>		<b>103</b>	Bread Sticks Juice, (100%)	<b>COOKIES</b>	
<b>278</b>	Yogurt Rice Cakes	<b>74</b>	Bagel Strawberries	<b>104</b>	Bread Sticks Pizza Sauce	<b>36</b>	Cookies Apples
<b>58</b>	Yogurt Soft Tortilla	<b>137</b>	Bagel Milk	<b>BROWNIE</b>		<b>262</b>	Cookies Grapes
<b>57</b>	Yogurt Mangoes	<b>32</b>	Bagel Chips Apples	<b>117</b>	Brownie Juice, (100%)	<b>135</b>	Cookies Milk
<b>267</b>	Yogurt White Rice	<b>BISCUIT</b>		<b>116</b>	Brownie Milk	<b>CRACKERS</b>	
<b>27</b>	Yogurt Apples					<b>07</b>	Crackers Apples
						<b>08</b>	Crackers Bananas
						<b>06</b>	Crackers Carrots

**Association for Child Development**

**SNACK - MASTER MENUS**

HM/CN = Homemade or Child Nutrition Label

<b>CODE MEAL</b>	<b>CODE MEAL</b>	<b>CODE MEAL</b>	<b>CODE MEAL</b>	
<b>20</b> Crackers Celery	<b>151</b> Donut Milk	<b>161</b> Muffin Juice, (100%)	<b>PANCAKES / WAFFLES</b>	
<b>17</b> Crackers Grapes	<b>GRANOLA BARS</b>			
<b>12</b> Crackers Honeydew Melon	<b>34</b> Granola Bars Apples	<b>121</b> Muffin Kiwi	<b>70</b> Pancakes / Waffles Strawberries	
<b>03</b> Animal Crackers Juice, (100%)	<b>112</b> Granola Bars Juice, (100%)	<b>124</b> Muffin Nectarines	<b>POT PIE / QUICHE</b>	
<b>102</b> Gold Fish Crackers Juice, (100%)	<b>75</b> Granola Bars Strawberries	<b>125</b> Muffin Oranges	<b>67</b> Pot Pie / Quiche Crust HM/CN Strawberries	
<b>18</b> Crackers Kiwi	<b>136</b> Granola Bars Milk	<b>126</b> Muffin Peaches	<b>PRETZEL</b>	
<b>14</b> Crackers Oranges	<b>MUFFIN</b>		<b>130</b> Pretzel Bananas	
<b>15</b> Crackers Peaches	<b>24</b> Muffin Apples	<b>127</b> Muffin Pears	<b>101</b> Pretzel Juice, (100%)	
<b>16</b> Crackers Pears	<b>131</b> Muffin Celery	<b>128</b> Muffin Pineapple	<b>77</b> Pretzel Strawberries	
<b>13</b> Crackers Strawberries	<b>118</b> Muffin Cherries	<b>OATMEAL</b>		
<b>22</b> Crackers Milk	<b>112</b> Muffin Fruit Cocktail	<b>73</b> Oatmeal Strawberries	<b>RICE CAKES</b>	
<b>DONUT</b>		<b>OTHER PASTA HM/CN</b>		
<b>108</b> Donut Juice, (100%)	<b>120</b> Muffin Grapes	<b>110</b> Other Pasta HM/CN Juice, (100%)	<b>35</b> Rice Cakes Apples	
<b>163</b> Donut Strawberries	<b>123</b> Muffin Honeydew Melon		<b>106</b> Rice Cakes Juice, (100%)	



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<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>	<u>CODE</u>	<u>MEAL</u>
<b>SOFT TORTILLA</b>		<b>76</b>	Toaster Pastries Unfrosted Strawberries				
<b>31</b>	Soft Tortilla Apples	<b>TORTILLA CHIPS</b>					
<b>81</b>	Soft Tortilla Bananas	<b>100</b>	Tortilla Chips Oranges				
<b>87</b>	Soft Tortilla Mixed Vegetables	<b>WHITE RICE</b>					
<b>66</b>	Soft Tortilla Strawberries	<b>111</b>	White Rice Juice, (100%)				
<b>80</b>	Soft Tortilla Milk	<b>FRUIT / VEG &amp; MILK</b>					
<b>TOAST</b>		<b>25</b>	Apples Milk				
<b>26</b>	Toast Apples	<b>143</b>	Bananas Milk				
<b>230</b>	Toast Juice, (100%)	<b>141</b>	Carrots Milk				
<b>215</b>	Toast Pears	<b>142</b>	Grapes Milk				
<b>78</b>	Toast Strawberries	<b>65</b>	Strawberries Milk				
<b>214</b>	Toast Milk						
<b>TOASTER PASTRIES</b>							