CHILD AND ADULT CARE FOOD PROGRAM
New Infant Meal Patterns

ENCOURAGE AND SUPPORT BREASTFEEDING
- Providers may receive reimbursement for meals when a breastfeeding mother comes to the child care center or home and directly breastfeeds her infant
- Only breastmilk and infant formula are served to infants 0 through 5 months old

DEVELOPMENTALLY APPROPRIATE MEALS
- There are two infant age groups instead of three: 0 through 5 months old and 6 through 11 months old
- Solid foods are gradually introduced around 6 months of age, as developmentally appropriate

What does it mean to be developmentally appropriate?
Foods in reimbursable meals for infants must be of a texture and consistency that is appropriate for the age and development of the infant being fed

MORE NUTRITIOUS MEALS
- Requires a vegetable or fruit, or both, to be served at claimed snacks for infants 6 through 11 months old, as developmentally appropriate
- Juice, cheese food, and cheese spread cannot be claimed for infants
- Breakfast cereals can be claimed for infants 6 through 11 month olds at snack, as developmentally appropriate
- Breakfast cereals must contain no more than 6 grams of sugar per dry ounce when claimed
- Yogurt can be claimed for infants 6 through 11 months old, as developmentally appropriate
- Yogurts must contain no more than 23 grams of sugar per 6 ounces when claimed
- Whole eggs can be claimed for infants 6 through 11 months old, as developmentally appropriate

The new CACFP Meal Patterns go into effect on October 1, 2017.

For more information, visit us on the web at www.acdkids.org or like us on Facebook!

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