Eating Through Meal Patterns
Child and Adult Care Food Program
Recordkeeping

The new Child and Adult Care Food Program (CACFP) meal patterns include new recordkeeping requirements and documentation.

MENUS/CLAIMS
The following information must be included on menu claims.

<table>
<thead>
<tr>
<th>Fluid Milk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fat content of the milk served e.g. whole, low-fat (1%), or fat-free (skim), <strong>AND</strong></td>
</tr>
<tr>
<td>Whether the milk is flavored (only creditable for children 6 and older)</td>
</tr>
</tbody>
</table>

Grains/Breads
Whole grain and whole grain-rich items must be identified
Examples: Whole grain, WG, whole grain-rich, WGR

DON’T FORGET!
Flavored milk is only creditable for children 6 years and older and must be skim.

DOCUMENTATION
The following documentation must be available upon request for foods served on the day of a monitoring review by ACD staff.

**Whole Grain-Rich Items**
- Product package including the product name and ingredients, **OR**
- Recipe with all ingredients and lists grain ingredients by weight or volume, **OR**
- Child Nutrition (CN) label, **OR**
- Product Formulation Statement from the manufacturer.

Cereal and Yogurt
- Product package including the product name and nutrition facts label.

DO YOU BUY IN BULK AND REPACK YOUR FOODS?
Cut out the item name and labels and tape them on the new container.

The new CACFP Meal Patterns went into effect on October 1, 2017.

For more information, visit us on the web at www.acdkids.org or like us on Facebook!

ONE BITE AT A TIME
CAN YOU CLAIM IT?
Test your knowledge of the new CACFP meal patterns!

1. **Greek Yogurt with Banana**
   - Is this yogurt creditable?

2. **Raspberry Yogurt**
   - Is this yogurt creditable?

3. **Frosty O’s Cereal**
   - Is this cereal creditable?

4. **Garlic Bread**
   - a) Is this product whole grain-rich?
   - b) Is this product creditable?

   **INGREDIENTS:** ALL-PURPOSE FLOUR, WATER, ENRICHED SEMOLINA (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OF LESS OF EACH OF THE FOLLOWING: YEAST, SALT, NATURAL FLAVOR (WHEAT, SOYBEAN OIL, MINCED GARLIC, WHEAT FLUTEN, CALCIUM SULFATE, ENZYMES (WHEAT), AND ASCORBIC ACID.

5. **Cheese Pizza Crust**
   - a) Is this product whole grain-rich?
   - b) Is this product creditable?

   **INGREDIENTS:** FLOUR BLEND [WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR [BLEACHED WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]], WATER, SOYBEAN OIL, DEXTROSE, BAKING POWDER, YEAST, SALT, AND DOUGH CONDITIONERS [WHEAT FLOUR, SALT, SOY OIL, ASCORBIC ACID], WHEAT GLUTEN.