

Master Menu

Provided to you by:



An efficient, time-saving method of tracking meals served in your child care home.

The Master Menu is a coding system designed to help ACD Providers save time while writing menus.

The Master Menus are for children who are one year old or older. The nutritional needs of infants are often too variable for pre-planned templates. Therefore, only record Master Menu on the Regular Menu form. Master Menu can also be used in the online claiming program.

The benefits of the Master Menu system include:

- ✔ **Ease:** Spend less time recording your menus.
- ✔ **Time-saving:** Spend less time meal planning because meals/snacks are already planned for you. Simply choose the meals you want to serve and record the corresponding reference codes on the menu form.
- ✔ **Flexibility:** The Master Menu system offers choices. You make the decisions. You can use leftovers, buy in bulk, and serve foods the children enjoy eating.
- ✔ **Planning:** Plan meals/snacks in advance to fit your busy schedule.
- ✔ **Variety:** The food items featured on the Master Menu system allow you to use variety in cooking methods and recipe choices.
- ✔ **Money-saving:** You have the ability to plan in advance what you will be serving so you can watch for bargains and sales, clip coupons, or incorporate leftovers. If chicken is leftover from one meal, you can choose meals from the list for the next day that also contain chicken.

Tips to Remember

- ✔ **Substitutions:** If you are missing a component for any particular Master Menu meal, you must bubble in all the individual meal components for that meal. Substitutions cannot be claimed on Master Menu.
- ✔ **Portions/Serving Sizes:** Please consider the serving sizes of menu items when planning meals by referring to the CACFP Meal Pattern Chart for children for minimum serving sizes according to age group (i.e., tomato soup, peanut butter, cheese, bread, chicken, pot pies, etc.).



Tips to Remember (continued)

✔ **Homemade or Child Nutrition (CN) Label:** When serving combination items such as pizza or ravioli, it is often difficult to determine the quantities of different components. In these cases, the food must be made with quantities which meet CACFP meal pattern requirements (i.e., add extra meat or cheese). If commercially prepared, use Child Nutrition (CN) labels to ensure these products meet the CACFP meal pattern requirements. CN Labels provide information about a food's contribution toward the meal pattern. Please refer to the CACFP Meal Pattern Chart for children. CN/HM denotes CN Label or Homemade.

✔ **Grains/Breads:** When serving any grains/breads (i.e., pasta, buns, etc.), please make sure each item is made from whole grain or enriched meal or flour. Please refer to the CACFP Meal Pattern Chart for children.

✔ **Vegetables/Fruits:** Less than 1/8 cup of any fruit/vegetable is considered a garnish and is not creditable as a fruit/vegetable. Fruit or vegetable dishes that contain more than one fruit or vegetable (e.g., mixed vegetables) may be credited toward only one of the two required components at lunch/dinner unless they are in combination dishes and identifiable as individual servings and are served as part of an entree (e.g. chef salad). Only 100 percent fruit or vegetable juice is creditable and may only be claimed once per day. No Master Menu reference codes include juice, you must claim all individual meal components if serving juice.

✔ **Combination Dishes:** Combination dishes (dishes that contain foods from more than one food group) can be credited for up to three different food components in a meal. For example, lasagna that contains ricotta cheese, tomato sauce, and lasagna noodles may be credited as one meat/meat alternate, one vegetable serving, and one serving of grains/breads.

✔ **Processed Meats:** Processed meat and poultry products may be served on the CACFP. Only the meat in these products is creditable. Since many processed meats contain large amounts of binders and extenders, the composition of these products must be known in order to properly credit the meat/meat alternate portion.

✔ **Dessert Items:** Grain-based desserts (i.e. brownies, cake, cookies, cupcakes, etc.) are not creditable on the CACFP. They may be served as an extra item or at a meal or snack that is not claimed.

✔ **Water Requirements:** Water should be made available to children (one year and older) throughout the day upon request or offered to children who may be too young to request it on their own. It does not have to be available for children to self-serve. While drinking water should be made available to children during meal times, it is not part of the reimbursable meal and may not be served in place of fluid milk. It is recommended that water be served at snack if no other beverage is offered.

✔ **Milk Requirements:** Milk served must be pasteurized fluid milk that meets state and local standards. It can be regular, lactose-reduced, lactose-free, buttermilk, or acidified.

Milk (01)	1 Year Old: Unflavored Whole Milk 2-5 Years Old: Unflavored Low-Fat (1%) or Unflavored Fat-Free (Skim) Milk 6 Years and Older: Unflavored Low-Fat (1%), Unflavored Fat-Free (Skim) Milk, Flavored Fat-Free (Skim) Milk or Flavored Low-Fat (1%) Milk
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NOTE: The Master Menus are available to Providers in good standing and who have not previously been denied use of any of ACD's time-saving menu recording options.



INSTRUCTIONS:

1. When you serve a Master Menu, mark the Master Menu or "M" bubble for that meal.
2. Next, record the specific Master Menu you are using. Look at the Master Menu chart and choose the corresponding Master Menu number for that meal.
3. Mark this number in the lowest "Fruit or Vegetable" section for that meal.
4. That's it! You will still mark meal attendance as normal – indicating which children received that Master Menu – but you do not need to mark the specific foods because we know which foods were served as part of that Master Menu.
5. Please keep your menu in an accessible area for unannounced home reviews conducted by ACD, the state agency, and/or the United States Department of Agriculture.

As with all types of menus, Master Menu must always be available for review in your child care home.

EXAMPLE

DAY		FOOD SERVED										ATTENDANCE																	
B R E A K F A S T	BREAD OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
	JUICE OR FRUIT OR VEGETABLE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
A M S N A C K	MILK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	MASTER MENU	●																											
L U N C H	MEAT OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
	BREAD OR ALTERNATE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
	FRUIT OR VEGETABLE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
	FRUIT OR VEGETABLE	1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
MILK/MASTER MENU		●	1	2	3	4	5	6	7	8	9																		

On this day (the 22nd of the month), you served Breakfast, AM Snack, and Lunch

For Breakfast, you served Master Menu #23

Breakfast, AM Snack, and Lunch were served to children #1, 2, 6, 11, 12

For Lunch, you served Master Menu #43

Questions? Contact one of our Customer Service Specialists!
Michigan: (800) 234-3287 **Illinois: (800) 284-5273**

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Master Menu Breakfast

Oatmeal	
Code	Meal Components
01	Oatmeal Apples Milk
02	Oatmeal Apricots Milk
03	Oatmeal Bananas Milk
04	Oatmeal Blueberries Milk
05	Oatmeal Cherries Milk
07	Oatmeal Grapefruit Milk
08	Oatmeal Grapes Milk
10	Oatmeal Kiwi Milk
11	Oatmeal Mangoes Milk
12	Oatmeal Cantaloupe Milk
13	Oatmeal Nectarines Milk
14	Oatmeal Oranges Milk
15	Oatmeal Papaya Milk
16	Oatmeal Peaches Milk
17	Oatmeal Pears Milk
18	Oatmeal Pineapple Milk
21	Oatmeal Strawberries Milk

Pancakes/Waffles	
Code	Meal Components
22	Pancakes/Waffles Apples Milk
23	Pancakes/Waffles Apricots Milk
24	Pancakes/Waffles Bananas Milk
25	Pancakes/Waffles Blueberries Milk
26	Pancakes/Waffles Cherries Milk
28	Pancakes/Waffles Grapefruit Milk
30	Pancakes/Waffles Grapes Milk
31	Pancakes/Waffles Kiwi Milk
32	Pancakes/Waffles Mangoes Milk
33	Pancakes/Waffles Watermelon Milk
34	Pancakes/Waffles Nectarines Milk
35	Pancakes/Waffles Oranges Milk
36	Pancakes/Waffles Papaya Milk
37	Pancakes/Waffles Peaches Milk
38	Pancakes/Waffles Pears Milk
40	Pancakes/Waffles Plums Milk
42	Pancakes/Waffles Strawberries Milk

Bagel	
Code	Meal Components
43	Bagel Apples Milk
44	Bagel Apricots Milk
45	Bagel Bananas Milk
46	Bagel Blueberries Milk
47	Bagel Cherries Milk
50	Bagel Grapes Milk
51	Bagel Grapefruit Milk
52	Bagel Kiwi Milk
53	Bagel Mangoes Milk
54	Bagel Honeydew Melon Milk
55	Bagel Nectarines Milk
56	Bagel Oranges Milk
57	Bagel Papaya Milk
58	Bagel Peaches Milk
60	Bagel Pineapple Milk
61	Bagel Plums Milk
62	Bagel Hash Browns Milk
63	Bagel Strawberries Milk

Master Menu **Breakfast**

Cold Cereal	
Code	Meal Components
64	Cold Cereal Apples Milk
65	Cold Cereal Apricots Milk
66	Cold Cereal Bananas Milk
67	Cold Cereal Blueberries Milk
68	Cold Cereal Cherries Milk
70	Cold Cereal Grapefruit Milk
71	Cold Cereal Grapes Milk
72	Cold Cereal Plums Milk
73	Cold Cereal Kiwi Milk
74	Cold Cereal Mangoes Milk
76	Cold Cereal Nectarines Milk
77	Cold Cereal Oranges Milk
78	Cold Cereal Papaya Milk
80	Cold Cereal Pears Milk
81	Cold Cereal Pineapple Milk
82	Cold Cereal Pomegranate Milk
84	Cold Cereal Strawberries Milk

Muffin	
Code	Meal Components
85	Muffin Apples Milk
86	Muffin Apricots Milk
87	Muffin Bananas Milk
88	Muffin Blueberries Milk
100	Muffin Peaches Milk
101	Muffin Pears Milk
102	Muffin Pineapple Milk
103	Muffin Plums Milk
105	Muffin Strawberries Milk

Toast	
Code	Meal Components
106	Toast Apples Milk
107	Toast Apricots Milk
108	Toast Bananas Milk
110	Toast Cherries Milk
112	Toast Grapefruit Milk
113	Toast Grapes Milk
114	Toast Blueberries Milk
115	Toast Kiwi Milk
116	Toast Mangoes Milk
117	Toast Honeydew Melon Milk
118	Toast Nectarines Milk
120	Toast Papaya Milk
121	Toast Peaches Milk
122	Toast Pears Milk
123	Toast Pineapple Milk
124	Toast Plums Milk
126	Toast Strawberries Milk

Master Menu Breakfast

Hot Cereal	
Code	Meal Components
127	Hot Cereal Apples Milk
128	Hot Cereal Apricots Milk
130	Hot Cereal Blueberries Milk
131	Hot Cereal Cherries Milk
133	Hot Cereal Grapefruit Milk
134	Hot Cereal Grapes Milk
135	Hot Cereal Oranges Milk
136	Hot Cereal Kiwi Milk
137	Hot Cereal Honeydew Melon Milk
138	Hot Cereal Nectarines Milk
140	Hot Cereal Peaches Milk
141	Hot Cereal Pears Milk
142	Hot Cereal Pineapple Milk
143	Hot Cereal Plums Milk

Grits	
Code	Meal Components
145	Grits Apples Milk
146	Grits Applesauce Milk
147	Grits Bananas Milk
148	Grits Blueberries Milk
151	Grits Grapefruit Milk
152	Grits Grapes Milk
153	Grits Apricots Milk
154	Grits Kiwi Milk
155	Grits Mangoes Milk
156	Grits Honeydew Melon Milk
157	Grits Nectarines Milk
158	Grits Oranges Milk
160	Grits Peaches Milk
161	Grits Pears Milk
162	Grits Pineapple Milk
163	Grits Plums Milk
164	Grits Hash Browns Milk
165	Grits Strawberries Milk

French Toast	
Code	Meal Components
166	French Toast Apples Milk
167	French Toast Apricots Milk
168	French Toast Bananas Milk
170	French Toast Cherries Milk
172	French Toast Grapefruit Milk
173	French Toast Honeydew Melon Milk
174	French Toast Blueberries Milk
175	French Toast Kiwi Milk
176	French Toast Mangoes Milk
177	French Toast Honeydew Melon Milk
178	French Toast Nectarines Milk
180	French Toast Papaya Milk
181	French Toast Peaches Milk
182	French Toast Pears Milk
183	French Toast Pineapple Milk
184	French Toast Plums Milk
185	French Toast Hash Browns Milk
186	French Toast Strawberries Milk

Master Menu **Breakfast**

Yogurt	
Code	Meal Components
187	Yogurt Apples Milk
188	Yogurt Apricots Milk
200	Yogurt Oranges Milk
201	Yogurt Papaya Milk
202	Yogurt Pears Milk
203	Yogurt Blueberries Milk
204	Yogurt Pineapple Milk
205	Yogurt Plums Milk
206	Yogurt Hash Browns Milk
207	Yogurt Strawberries Milk

Muffin/Bread, Fruit	
Code	Meal Components
208	Muffin/Bread, Fruit Apples Milk
210	Muffin/Bread, Fruit Bananas Milk
211	Muffin/Bread, Fruit Blueberries Milk
212	Muffin/Bread, Fruit Cherries Milk
214	Muffin/Bread, Fruit Grapefruit Milk
215	Muffin/Bread, Fruit Grapes Milk
216	Muffin/Bread, Fruit Apricots Milk
217	Muffin/Bread, Fruit Kiwi Milk
218	Muffin/Bread, Fruit Mangoes Milk
220	Muffin/Bread, Fruit Nectarines Milk
221	Muffin/Bread, Fruit Oranges Milk
222	Muffin/Bread, Fruit Papaya Milk
223	Muffin/Bread, Fruit Peaches Milk
224	Muffin/Bread, Fruit Pears Milk
225	Muffin/Bread, Fruit Pineapple Milk
226	Muffin/Bread, Fruit Plums Milk
227	Muffin/Bread, Fruit Hash Browns Milk
228	Muffin/Bread, Fruit Tangerines Milk

Biscuit	
Code	Meal Components
230	Biscuit Apricots Milk
231	Biscuit Bananas Milk
232	Biscuit Blueberries Milk
233	Biscuit Cherries Milk
235	Biscuit Grapefruit Milk
236	Biscuit Grapes Milk
237	Biscuit Apples Milk
238	Biscuit Kiwi Milk
240	Biscuit Honeydew Melon Milk
241	Biscuit Nectarines Milk
242	Biscuit Oranges Milk
243	Biscuit Papaya Milk
244	Biscuit Peaches Milk
245	Biscuit Pears Milk
246	Biscuit Pineapple Milk
247	Biscuit Plums Milk
248	Biscuit Hash Browns Milk

Master Menu **Breakfast**

Eggs	
Code	Meal Components
250	Eggs Apples Milk
251	Eggs Apricots Milk
252	Eggs Bananas Milk
253	Eggs Blueberries Milk
254	Eggs Cherries Milk
256	Eggs Grapefruit Milk
257	Eggs Grapes Milk
258	Eggs Tangerines Milk
260	Eggs Mangoes Milk
261	Eggs Honeydew Melon Milk
262	Eggs Nectarines Milk
263	Eggs Oranges Milk
264	Eggs Papaya Milk
265	Eggs Peaches Milk
266	Eggs Pears Milk
267	Eggs Pineapple Milk
268	Eggs Plums Milk
270	Eggs Strawberries Milk

Cottage Cheese	
Code	Meal Components
271	Cottage Cheese XTRA Apples Milk
272	Cottage Cheese XTRA Apricots Milk
273	Cottage Cheese XTRA Bananas Milk
274	Cottage Cheese XTRA Blueberries Milk
275	Cottage Cheese XTRA Cherries Milk
277	Cottage Cheese XTRA Grapefruit Milk
278	Cottage Cheese XTRA Grapes Milk
280	Cottage Cheese XTRA Kiwi Milk
281	Cottage Cheese XTRA Mangoes Milk
282	Cottage Cheese XTRA Honeydew Melon Milk
283	Cottage Cheese XTRA Nectarines Milk
284	Cottage Cheese XTRA Oranges Milk
285	Cottage Cheese XTRA Papaya Milk
286	Cottage Cheese XTRA Peaches Milk
287	Cottage Cheese XTRA Pears Milk
288	Cottage Cheese XTRA Pineapple Milk

Master Menu Lunch/Dinner

Beef	
Code	Meal Components
05	Beef Pizza Crust Lettuce Fruit Cocktail Milk
10	Sausage - Beef CN Pizza Crust Broccoli Peaches Milk
12	Beef Lunchmeat/ Processed Bread Carrots Kiwi Milk
24	Meat Sauce HM/CN Other Pasta Mixed Vegetables Mandarin Oranges Milk
25	Beef Macaroni Noodles Green Beans Applesauce Milk
28	Beef Other Pasta Tomato Sauce Asparagus Milk
30	Sausage - Beef CN Other Pasta Cabbage Peppers, Red/Green/ Yellow Milk
42	Beef Biscuit Tomatoes Pineapple Milk
43	Beef Crackers Lettuce Peaches Milk
44	Beef Crackers Lettuce Peaches Milk
46	Beef Chow Mein Noodles Peas, Green/Snow/Snap Peaches Milk

Beef cont.	
Code	Meal Components
47	Beef Other Pasta Green Beans Honeydew Melon Milk
50	Beef Bun Tater Tots Grapes Milk
54	Beef Pizza Crust Mixed Vegetables Grapes Milk
55	Beef Roll Mashed Potatoes Corn Milk
56	Beef Roll Green Beans Oranges Milk
68	Beef Bread Tater Tots Honeydew Melon Milk
70	Beef Lunchmeat/ Processed Bread Cucumbers Honeydew Melon Milk
72	Sausage - Beef CN Bun Mashed Potatoes Pineapple Milk
125	Beef Other Pasta Corn Kiwi Milk
126	Beef Cornbread or Corn Muffin Mixed Vegetables Sweet Potato/Yams Milk
127	Beef Bread Baked Beans Potato Salad Milk

Beef cont.	
Code	Meal Components
128	Beef White Rice Green Beans Applesauce Milk
130	Beef Bread French Fries Banana Milk
131	Beef Roll Squash Grapes Milk
132	Beef Toast Carrots Bananas Milk
133	Beef Bread Broccoli Applesauce Milk
134	Beef Roll Mashed Potatoes Carrots Milk
135	Beef Other Pasta Carrots Kiwi Milk
136	Beef White Rice Peppers Red/Green/ Yellow Lettuce Milk
137	Beef Biscuit Tater Tots Oranges Milk
140	Beef Bread Sticks Baked Potato Mixed Vegetables Milk
150	Beef Brown Rice Broccoli Peaches Milk

Master Menu Lunch/Dinner

Beef cont.	
Code	Meal Components
151	Beef Other Pasta Corn Grapes Milk
152	Beef Bread Corn Baked Potato Milk
153	Beef Biscuit Lettuce Bananas Milk
154	Beef Bread Green Beans Pineapple Milk
155	Beef Toast Squash Applesauce Milk
156	Beef Bread Baked Beans Pears Milk
157	Beef Roll Corn Mashed Potatoes Milk
176	Sausage - Beef CN Bread Tater Tots Corn Milk
181	Beef Bun French Fries Bananas Milk
182	Beef Bun Broccoli Fruit Cocktail Milk
183	Beef Bread Tater Tots Grapes Milk

Beef cont.	
Code	Meal Components
184	Beef Other Pasta Green Beans Apples Milk
202	Sausage - Beef CN Pancakes/Waffles Green Beans Fruit Cocktail Milk
213	Beef Other Pasta Baked Beans Peaches Milk
221	Beef Brown Rice Peas, Green/Snow/Snap Applesauce Milk
222	Beef Bread Carrots Fruit Cocktail Milk
226	Sausage - Beef CN Pancakes/Waffles Tater Tots Corn Milk
228	Beef Bread French Fries Bananas Milk
Cheese	
03	Cheese (French Bread Pizza) Bread Green Beans Apples Milk
07	Cheese Pizza Crust Carrots Applesauce Milk
08	Cheese Biscuit Peas, Green/Snow/Snap Pineapple Milk
21	Cheese Macaroni Noodles Cucumbers Honeydew Melon Milk

Cheese cont.	
Code	Meal Components
22	Cheese Macaroni Noodles Corn Grapes Milk
27	Ricotta Cheese XTRA Lasagna Noodles Tomato Sauce Blueberries Milk
45	Cheddar Cheese Flour Tortilla Tomatoes Oranges Milk
66	Cheese Bread Lettuce Fruit Cocktail Milk
107	Cheese Bread Tomato Soup Apples Milk
108	Cheese Hi Ho/Ritz Crackers Carrots Pineapple Milk
110	Cheddar Cheese Crackers Tater Tots Strawberries Milk
111	Cheddar Cheese Tortilla Chips Salsa Kiwi Milk
112	Cheddar Cheese Corn Tortilla Refried Beans Fruit Cocktail Milk
113	Cheese English Muffin Asparagus Bananas Milk
114	Cheese Bagel Peas, Green/Snow/Snap Apples Milk

Master Menu Lunch/Dinner

Cheese cont.	
Code	Meal Components
115	Cheese Pita Bread Mixed Vegetables Broccoli Milk
116	Cheese Breadstick Green Beans Oranges Milk
185	Cottage Cheese XTRA Toast Broccoli Applesauce Milk
186	Cottage Cheese XTRA Pancakes/Waffles Peas, Green/Snow/Snap Peaches Milk
187	Cottage Cheese XTRA Crackers Carrots Pears Milk
188	Cottage Cheese XTRA Muffin Cucumbers Strawberries Milk
206	Cheese Cornbread or Corn Muffin Mixed Vegetables Fruit Salad Milk
207	Cheese Macaroni Noodles Green Beans Peaches Milk
232	Cheese Bread Tomato Soup Bananas Milk
233	Cheese Bread Corn Pears Milk
237	Cottage Cheese XTRA Crackers Tomato Soup Pineapple Milk

Cheese cont.	
Code	Meal Components
238	Cottage Cheese XTRA Ravioli Green Beans Peaches Milk
Chicken	
31	Chicken Nuggets Breeding HM/CN French Fries Pineapple Milk
32	Chicken Nuggets Bread Green Beans Grapes Milk
33	Chicken Roll Tater Tots Peaches Milk
34	Chicken Bread Peas, Green/Snow/Snap Strawberries Milk
35	Chicken Croissant Tomatoes Spinach Milk
36	Chicken Biscuit Carrots Oranges Milk
37	Chicken Breeding HM/CN Cauliflower Squash Milk
38	Chicken Brown Rice Broccoli Honeydew Melon Milk
40	Chicken Bun Carrots Apples Milk
71	Chicken Bread Green Beans Fruit Cocktail Milk

Chicken cont.	
Code	Meal Components
172	Chicken Pot Pie/Quiche Crust Mixed Vegetables Kiwi Milk
173	Chicken Pot Pie/Quiche Crust Green Beans Applesauce Milk
174	Chicken Pot Pie/Quiche Crust Mixed Vegetables Oranges Milk
175	Chicken Roll Tomatoes Grapes Milk
203	Chicken Cornbread or Corn Muffin Mixed Vegetables Sweet Potato/Yams Milk
204	Chicken Brown Rice Peas, Green/Snow/Snap Peaches Milk
205	Chicken Macaroni Noodles Green Beans Fruit Cocktail Milk
218	Chicken Wild Rice Broccoli Oranges Milk
223	Chicken Nuggets Bread Tater Tots Oranges Milk
235	Chicken Nuggets Bread French Fries Corn Milk

Master Menu Lunch/Dinner

Dry Beans/Peas/Legumes	
Code	Meal Components
51	Baked Beans Flour Tortilla Tomatoes Pineapple Milk
165	Baked Beans Roll Corn Sweet Potato/Yams Milk
166	Baked Beans Roll Corn Strawberries Milk
167	Black-Eyed Peas Brown Rice Spinach Oranges Milk
168	Bean/Split Pea Soup Crackers Broccoli Peaches Milk
170	Refried Beans Tortilla Chips Salsa Pineapple Milk
171	Lentils Pita Bread Peas, Green/Snow/Snap Bananas Milk
211	Pinto Beans Crackers Mixed Vegetables Pears Milk
220	Bean/Split Pea Soup Crackers Carrots Grapes Milk
227	Refried Beans Flour Tortilla Mixed Vegetables Apples Milk

Eggs	
Code	Meal Components
57	Egg Pot Pie/Quiche Crust Mixed Vegetables Strawberries Milk
58	Egg Pancakes/Waffles Hash Browns Applesauce Milk
60	Egg Flour Tortillas Green Beans Oranges Milk
61	Egg Toast Mixed Vegetables Fruit Cocktail Milk
62	Egg English Muffin Broccoli Honeydew Melon Milk
Hot Dogs/Corn Dogs	
48	Hot Dogs/Franks Buns Corn Pears Milk
101	Hot Dogs/Franks Flour Tortillas Carrots Bananas Milk
104	Corn Dog Breading HM/CN Peas, Green/Snow/Snap Pineapple Milk
105	Corn Dog Breading HM/CN Carrots Fruit Cocktail Milk

Hot Dogs/Corn Dogs	
Code	Meal Components
106	Corn Dog White Rice Corn Apples Milk
224	Corn Dog Breading HM/CN Carrots Oranges Milk
100	Hot Dogs/Franks Roll Lettuce Tater Tots Milk
102	Hot Dogs/Franks Bread Potato Salad Honeydew Melon Milk
103	Hot Dogs/Franks Crackers Tomato Soup Peaches Milk
215	Hot Dogs/Franks Bread French Fries Grapes Milk
216	Hot Dogs/Franks Other Pasta Broccoli Oranges Milk
Nuts or Seeds	
11	Peanut Butter Bread Peas, Green/Snow/Snap Grapes Milk
13	Peanut Butter Bread Carrots Bananas Milk
14	Peanut Butter Crackers Green Beans Peaches Milk
15	Peanut Butter Pancakes/Waffles Hash Browns Bananas Milk

Master Menu Lunch/Dinner

Nuts or Seeds cont.	
Code	Meal Components
16	Peanut Butter Pancakes/Waffles Tater Tots Blueberries Milk
17	Peanut Butter English Muffin Celery Strawberries Milk
20	Peanut Butter Flour Tortillas Green Beans Bananas Milk
234	Peanut Butter Bread Carrots Celery Milk
Pork	
01	Pepperoni CN English Muffin Carrots Pears Milk
02	Pepperoni CN Pizza Crust Lettuce Strawberries Milk
04	Ham Pizza Crust Carrots Peaches Milk
06	Pepperoni CN Pizza Crust Corn Apples Milk
63	Ham Bread Carrots Apples Milk
67	Bologna (No Fillers) Bread Cucumbers Bananas Milk
81	Pork White Rice Baked Beans Applesauce Milk

Pork cont.	
Code	Meal Components
82	Pork Brown Rice Mixed Vegetables Peaches Milk
83	Pork Breading HM/CN Corn Fruit Cocktail Milk
84	Pork Bread Tater Tots Grapes Milk
85	Pork Roll Green Beans Carrots Milk
86	Pork Other Pasta Lettuce Peaches Milk
87	Pork Flour Tortilla Refried Beans Pears Milk
88	Pork Cornbread or Corn Muffin Mixed Vegetables Bananas Milk
177	Sausage - Fresh Pork Biscuit Hash Browns Oranges Milk
178	Sausage - Fresh Pork Pancakes/Waffles Hash Browns Fruit Cocktail Milk
180	Sausage - Fresh Pork Grits Peas, Green/Snow/Snap Oranges Milk
200	Bologna (No Fillers) Pita Bread Green Beans Peaches Milk

Pork cont.	
Code	Meal Components
201	Bologna (No Fillers) Flour Tortilla Cauliflower Oranges Milk
208	Ham Macaroni Noodles Peas, Green/Snow/Snap Fruit Cocktail Milk
210	Pork Cornbread or Corn Muffin Mashed Potatoes Green Beans Milk
217	Ham Bread Mashed Potatoes Plums Milk
225	Ham Cornbread or Corn Muffin Mixed Vegetables Oranges Milk
230	Bologna (No Fillers) Bread Green Beans Applesauce Milk
231	Ham Other Pasta Mixed Vegetables Peaches Milk
Seafood	
26	Tuna Other Pasta Peas, Green/Snow/Snap Peaches Milk
64	Tuna Bread Peas, Green/Snow/Snap Peaches Milk
73	Fish Fillets Muffin Tater Tots Baked Beans Milk

Master Menu Lunch/Dinner

Seafood cont.	
Code	Meal Components
74	Fish Sticks Bread Sticks Corn Oranges Milk
75	Fish Fillets Biscuit Green Beans Pears Milk
76	Fish Fillets Bread French Fries Grapes Milk
77	Fish Fillets Roll Peas, Green/Snow/Snap Peaches Milk
78	Fish Fillets Toast Lettuce Applesauce Milk
80	Fish Fillets White Rice Broccoli Bananas Milk
214	Fish Fillets Other Pasta Cole Slaw Carrots Milk
236	Tuna Crackers French Fries Mixed Fruit Milk
Turkey	
41	Turkey Taco Shell Mixed Vegetables Blueberries Milk
52	Turkey White Rice Peppers, Red/Green/ Yellow Strawberries Milk
53	Turkey Bread Cabbage Bananas Milk

Turkey cont.	
Code	Meal Components
65	Turkey Bread Peas, Green/Snow/Snap Strawberries Milk
141	Turkey White Rice Green Beans Peaches Milk
142	Turkey Other Pasta Tomato Sauce Pears Milk
143	Turkey Roll Spinach Bananas Milk
144	Turkey Bun Mushrooms Tater Tots Milk
145	Turkey Biscuit Peas, Green/Snow/Snap Fruit Cocktail Milk
146	Turkey Bread Carrots Grapes Milk
147	Turkey Stuffing Mashed Potatoes Green Beans Milk
148	Turkey Crackers Carrots Apples Milk
158	Turkey Bread Baked Potato Green Beans Milk
160	Turkey Bun Carrots Peaches Milk
161	Turkey Other Pasta Tomato Sauce Broccoli Milk

Turkey cont.	
Code	Meal Components
162	Turkey White Rice Bake d Beans Kiwi Milk
163	Turkey Toast Cucumbers Grapes Milk
164	Turkey Bread Lettuce Tater Tots Milk
Yogurt	
117	Yogurt Muffin Carrots Bananas Milk
118	Yogurt Bread Broccoli Grapes Milk
120	Yogurt Crackers Zucchini Strawberries Milk
121	Yogurt Bagel Cauliflower Fruit Cocktail Milk
122	Yogurt Pancakes/Waffles Hash Browns Blueberries Milk
123	Yogurt Biscuit Squash Peaches Milk
124	Yogurt Bread Sticks Carrots Pineapple Milk
212	Yogurt Pancakes/Waffles Hash Browns Peaches Milk

Master Menu **Snack**

Apples	
Code	Meal Components
01	Apples Bagels
02	Apples Bread
03	Apples Bread Sticks
04	Apples Cereal Snack Mix
05	Apples Cheese
06	Apples Cold Cereal
07	Apples Crackers
08	Apples Milk
10	Apples Muffin
11	Apples Pancakes/Waffles
12	Apples Peanut Butter
13	Apples Toast
14	Apples Yogurt
Applesauce	
15	Applesauce Bagels
16	Applesauce Bread
17	Applesauce Bread Sticks
18	Applesauce Cereal Snack Mix
20	Applesauce Cold Cereal
21	Applesauce Crackers
22	Applesauce Milk
23	Applesauce Muffin
24	Applesauce Pancakes/Waffles
25	Applesauce Toast
26	Applesauce Yogurt

Bananas	
Code	Meal Components
27	Bananas Bagels
28	Bananas Bread
30	Bananas Bread Sticks
31	Bananas Cereal Snack Mix
32	Bananas Cold Cereal
33	Bananas Crackers
34	Bananas Milk
35	Bananas Muffin
36	Bananas Pancakes/Waffles
37	Bananas Peanut Butter
38	Bananas Toast
40	Bananas Yogurt
Blueberries	
41	Blueberries Bagels
42	Blueberries Bread
43	Blueberries Bread Sticks
44	Blueberries Cereal Snack Mix
45	Blueberries Cold Cereal
46	Blueberries Cottage Cheese XTRA
47	Blueberries Crackers
48	Blueberries Milk
50	Blueberries Muffin
51	Blueberries Pancakes/Waffles
52	Blueberries Toast
53	Blueberries Yogurt

Cantaloupe	
Code	Meal Components
54	Cantaloupe Bagels
55	Cantaloupe Bread
56	Cantaloupe Bread Sticks
57	Cantaloupe Cereal Snack Mix
58	Cantaloupe Cold Cereal
60	Cantaloupe Crackers
61	Cantaloupe Milk
62	Cantaloupe Muffin
63	Cantaloupe Pancakes/Waffles
64	Cantaloupe Toast
65	Cantaloupe Yogurt
Fruit Salad	
66	Fruit Salad Bagels
67	Fruit Salad Bread
68	Fruit Salad Bread Sticks
70	Fruit Salad Cereal Snack Mix
71	Fruit Salad Cold Cereal
72	Fruit Salad Cottage Cheese XTRA
73	Fruit Salad Crackers
74	Fruit Salad Milk
75	Fruit Salad Muffin
76	Fruit Salad Pancakes/Waffles
77	Fruit Salad Toast
78	Fruit Salad Yogurt

Master Menu **Snack**

Grapes	
Code	Meal Components
80	Grapes Bagels
81	Grapes Bread
82	Grapes Bread Sticks
83	Grapes Cereal Snack Mix
84	Grapes Cold Cereal
85	Grapes Crackers
86	Grapes Milk
87	Grapes Muffin
88	Grapes Pancakes/Waffles
100	Grapes Toast
101	Grapes Yogurt
Oranges	
102	Oranges Bagels
103	Oranges Bread
104	Oranges Bread Sticks
105	Oranges Cereal Snack Mix
106	Oranges Cold Cereal
107	Oranges Crackers
108	Oranges Milk
110	Oranges Muffin
111	Oranges Pancakes/Waffles
112	Oranges Toast
113	Oranges Yogurt

Peaches	
Code	Meal Components
114	Peaches Bagels
115	Peaches Bread
116	Peaches Bread Sticks
117	Peaches Cereal Snack Mix
118	Peaches Cold Cereal
120	Peaches Cottage Cheese XTRA
121	Peaches Crackers
122	Peaches Milk
123	Peaches Muffin
124	Peaches Pancakes/Waffles
125	Peaches Toast
126	Peaches Yogurt
Pears	
127	Pears Bagels
128	Pears Bread
130	Pears Bread Sticks
131	Pears Cereal Snack Mix
132	Pears Cold Cereal
133	Pears Cottage Cheese XTRA
134	Pears Crackers
135	Pears Milk
136	Pears Muffin
137	Pears Pancakes/Waffles
138	Pears Toast
140	Pears Yogurt

Pineapple	
Code	Meal Components
141	Pineapple Bagels
142	Pineapple Bread
143	Pineapple Bread Sticks
144	Pineapple Cereal Snack Mix
145	Pineapple Cold Cereal
146	Pineapple Cottage Cheese XTRA
147	Pineapple Crackers
148	Pineapple Milk
150	Pineapple Muffin
151	Pineapple Pancakes/Waffles
152	Pineapple Toast
153	Pineapple Yogurt
Strawberries	
154	Strawberries Bagels
155	Strawberries Bread
156	Strawberries Bread Sticks
157	Strawberries Cereal Snack Mix
158	Strawberries Cold Cereal
160	Strawberries Cottage Cheese XTRA
161	Strawberries Crackers
162	Strawberries Milk
163	Strawberries Muffin
164	Strawberries Pancakes/Waffles
165	Strawberries Toast
166	Strawberries Yogurt

Master Menu **Snack**

Avocado / Guacamole	
Code	Meal Components
167	Avocado / Guacamole Corn Tortillas
168	Avocado / Guacamole Flour Tortillas
170	Avocado / Guacamole Pita Bread
171	Avocado / Guacamole Tortilla Chips
172	Avocado / Guacamole Toast
Carrots	
173	Carrots Refried beans
174	Carrots Cheese
175	Carrots Hummus
176	Carrots Pimento Cheese XTRA
177	Carrots Yogurt
Celery	
178	Celery Refried beans
180	Celery Cottage Cheese XTRA
181	Celery Hummus
182	Celery Peanut Butter
183	Celery Pimento Cheese XTRA
184	Celery Yogurt
Cucumber	
185	Cucumber Cheese
186	Cucumber Cottage Cheese XTRA
187	Cucumber Crackers
188	Cucumber Hummus
200	Cucumber Milk
201	Cucumber Pimento Cheese XTRA
202	Cucumber Yogurt

Hummus	
Code	Meal Components
203	Hummus Chips, Corn/Wheat
204	Hummus Crackers
205	Hummus Mixed Vegetables
206	Hummus Peas, Green/Snow/Snap
207	Hummus Pita Bread
208	Hummus Toast
210	Hummus Tortilla Chips
Peppers, Red/Green/ Yellow	
211	Peppers, Red/Green/ Yellow Refried beans
212	Peppers, Red/Green/ Yellow Cottage Cheese XTRA
213	Peppers, Red/Green/ Yellow Pimento Cheese XTRA
214	Peppers, Red/Green/ Yellow Yogurt
Refried Beans	
215	Refried Beans Cheese
216	Refried Beans Corn Tortilla
217	Refried Beans Crackers
218	Refried Beans Flour Tortilla
220	Refried Beans Tortilla Chips
Salsa	
221	Salsa Eggs
222	Salsa Tortilla Chips
223	Salsa Crackers

Beef	
Code	Meal Components
224	Beef Biscuit
225	Beef Bread
226	Beef Roll
227	Beef Lunchmeat Biscuit
228	Beef Lunchmeat Bread
Cheese	
230	Cheese Bagel
231	Cheese Biscuit
232	Cheese Bread
233	Cheese Bread Sticks
234	Cheese Chips, Corn/Wheat
235	Cheese Flour Tortillas
236	Cheese Muffin
237	Cheese Other Pasta
238	Cheese Pizza Crust
240	Cheese Pretzel, Hard
241	Cheese Pretzel, Soft
242	Cottage Cheese XTRA Bagel
243	Cottage Cheese XTRA Bread
244	Cottage Cheese XTRA Crackers
245	Cottage Cheese XTRA Muffin
246	Cottage Cheese XTRA Toast

Master Menu **Snack**

Eggs	
Code	Meal Components
247	Eggs Bagel
248	Eggs Bread
250	Eggs Muffin
251	Eggs Pancakes/Waffles
252	Eggs Toast
Ham	
253	Ham Bread
254	Ham Crackers
255	Ham Roll
256	Ham Flour Tortilla
Peanut Butter	
257	Peanut Butter Bagel
258	Peanut Butter Crackers
260	Peanut Butter Muffin
261	Peanut Butter Pancakes/Waffles
262	Peanut Butter Pretzel, Hard
263	Peanut Butter Pretzel, Soft
264	Peanut Butter Toast
Tuna	
265	Tuna Biscuit
266	Tuna Bread
267	Tuna Crackers
268	Tuna Rolls

Turkey	
Code	Meal Components
270	Turkey Bread
271	Turkey Lunchmeat Bread
272	Turkey Lunchmeat Roll
273	Turkey Lunchmeat Flour Tortilla
Yogurt	
274	Yogurt Bagel
275	Yogurt Bread
276	Yogurt Crackers
277	Yogurt Muffin
278	Yogurt Pancakes/Waffles
280	Yogurt Pretzel, Hard
281	Yogurt Pretzel, Soft
Milk	
282	Milk Bagel
283	Milk Bread
284	Milk Crackers
285	Milk Muffin
286	Milk Pancakes/Waffles
287	Milk Pretzel, Hard
288	Milk Pretzel, Soft