# GENERAL SAFETY RULES YOU SHOULD TEACH YOUR CHILDREN: PART 1

Source: momjunction.com

It is important that you teach your child about these basic safety rules for kids as soon as they are able to understand. There are certain things that you can start teaching your child as early as three years of age. Make sure you speak to your child in an age-appropriate language. Also, always keep communication open. This will encourage your child to tell you everything.

### Safety Rule #1 Know Your Name, Number and Address

Your child may be small, but it is important to teach basic contact details like your name and your partner's name and contact number. Your child should be able to share your contact number with someone in case of an emergency. Also, knowing where home is and any nearby landmark is also important. Help your child memorize these with regular practice at home. Also, help your child memorize a backup number to call, like a grandparent, uncle or aunt.

### Safety Rule #2 Do NOT Eat Anything Given By A Stranger

You need to teach your child about the dangers of eating food that is given by a stranger. No matter how tempting the treat is, if it comes from a stranger, your child should not eat it. Teach your child that it is dangerous to accept food from anyone they do not know. Ask them to politely refuse in case someone is offering food without your consent or in your absence.



### Safety Rule #3 Do NOT Climb the Fence

Your child may be playing ball and suddenly it bounces off to a space inside a fence. Teach your child never to try and retrieve something by climbing through a fence. If something like this happens, your child should ask the help of a grown up, but never go over or through a fence without asking first.

## Safety Rule #4 Do NOT Walk out of the Yard Alone

Similar to the point above, your child should know that it is not permissible to walk out of your yard alone. If your child needs to go out for anything, you or some known adult should be accompanying your child at all times.

# <u>Safety Rule #5 Playing Or Experimenting with Fire Is NOT Allowed</u>

Whether or not you are at home, your child should know that it is absolutely not allowed to play with fire. Only if you are around and have given your permission can your child be near fire. Make sure all fire-starting materials (lighters or matches) are safely out of your child's reach.



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